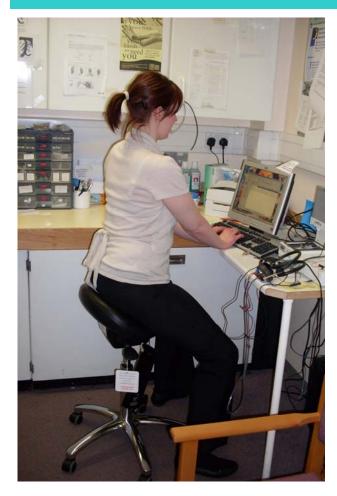
# Case Study



Name: Gemma Frederico Occupation: Audiologist Watford General Hospi

Gemma works with patients maintaining their hearing aid equipment. She spends a lot of time at the computer and bending over to remove hearing aids from patients. She has 2 prolapsed discs and had 3 months off work last year and needed to prevent repetition of this.



### How did you found out about The Bambach Saddle Seat?

It was recommended by Occupational Health following a workplace assessment.

#### What made you try the Bambach?

The free trial and a need to be able to work without any pain; also the fact that a member of the family uses one at home.

## Has using the Bambach addressed the problems you wanted to overcome?

Yes, I used to have neck and shoulder pain whilst sitting during the working day and have found that using the Bambach has relieved pressure on my back and relieved the neck and shoulder pain.

#### Comments

The chair is particularly practical because of it's compact design and allows for ease of movement without compromising my posture. The design of the seat has helped relieve the pressure on my back and has made working easier.

### Would you recommend The Bambach Saddle Seat to fellow professionals?

Yes – the free trial is a particularly good idea and the benefits that the seat give make it worth trialling.

#### Visit www.bambach.co.uk/healthcare

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